

Video Recap: Integrating Spiritual Direction into Recovery

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Video: <https://youtu.be/fXZlI3q1Y74>

Script:

Hello, I'm Jerry Hablitzel. I am a Chaplain and have been allowed to come into "Into Action" to work with clients here to do spiritual direction. And the 12 steps are a really big part of recovery here and major focus on how they approach of recovery. And making progress spiritually is really central to making progress. And so I'm here as a Asset to and a Resource for the clients to meet one-on-one or in small **groups**, and we cover various topics. We try to address the questions that are on their minds, the places where they stuck, the places where they struggle and try to answer those questions and help them through those areas and to make progress.