

How We Are Different



• Into Action Treatment •

90 Days Length of Stay

90 days for the price of 30

Continuum of Care, Strong Alumni Program
(Minimum Nine Month Out-Patient Services,
Life-Time Aftercare)

Intensive Family Therapy (weekly
sessions & free family weekend every
45 days)

Intimate, Family Like Atmosphere (1-to-
1 Employee to Patient Ratio)

Holistic Services
Vibroacoustic Therapy, Nutritional and Dietary Counseling,
Reiki, Harmonial Therapy, Acupuncture and Massage,
Meditation and Yoga, Outside Weekend Activities

Catered Meals and Snacks Provided
at No Extra Cost

• Standard Treatment •

28 Days Length of Stay

Same Price for Only 28 Day Stay

Limited Aftercare At Additional
Cost

Limited For An Extra Charge

Clinical, Institutional Feel
(Average of 1-15 Employee to
Patient Ratio)

Extra Charge

Extra Charge

Why Into Action Treatment

If you or a loved one is in need of treatment for a drug or alcohol addiction, contact us today to find out why Into Action is the best choice. Our drug treatment center offers addiction therapy to anyone struggling with addiction and related disorders. We specialize in holistic addiction treatment, and we offer a variety of drug treatment programs designed to meet the individual needs of the client.

Our Mission

Our mission is to help clients achieve complete recovery from alcoholism and drug addiction through rigorous psychic, spiritual, and physical actions and to encourage mental breakthroughs vital to the process of lasting recovery. We provide clear-cut directions and support along the way.

Into Action Treatment blends traditional therapy and the 12-Step philosophy with an innovative and individualized approach to recovery development and goal-setting. We create the stage for a lifetime of Integrity, Action, and Transition.

Our Core Values

Our goal is to provide treatment that enables each client to achieve complete recovery. Our treatment plans include behavioral therapy, cognitive restructuring, and integrating the 12-Step principles into one's daily activity.

Our program is based upon the spiritual principles of the 12-Step Alcoholics Anonymous Big Book. Honesty, open-mindedness, and willingness are the cornerstones of our treatment philosophy.

Program Basics

We offer a full continuum of care through our treatment programs. Our clients at Into Action Treatment advance through multiple tiers of treatment as they complete goals and make progress towards recovery. There is no specific time frame for reaching each tier; our treatment is tailored to the patients and progresses as they reach their goals.

We employ organic and holistic practices to restore all aspects of health. These

include, but are not limited to: yoga, meditation, hypnotherapy, exercise, vibroacoustic therapy, harmonial therapy, narrative therapy, chiropractic medicine, and acupuncture. We give clients the opportunity to participate in weekly church services to help them heal spiritually.

Into Action Treatment addresses addiction as a family disease. Intensive family therapy sessions are encouraged to achieve overall recovery. All patients must participate in these workshops. and family members are strongly encouraged to attend. We offer regular family weekends in order to encourage loved ones to actively work on rebuilding relationships that have been damaged by addiction.

Goals of Into Action's Tier-Based Approach

- A. Stabilize each patient in order to move forward into a new way of life without the use of addictive substances.

- B. Effect changes in thought patterns; teach patients to communicate more openly; and show them how to relate to others in more meaningful and productive ways.

- C. Integrate the 12-Step recovery process into daily life.

Treatment planning is always a collaborative effort involving the entire treatment team and the client, whose input and cooperation are vital to recovery.

Financial Basics

Prior to admission, all benefits and financial agreements must be verified. Every client will be informed of benefits he or she will receive and the costs involved. No third-party insurance provider will interfere with treatment and no client's treatment

will be terminated due to non-payment.